

SCHOOL SOCIAL WORK

Supporting students in their social
and emotional development

We empower students with the knowledge
and skills needed to navigate the challenges of
adolescence and thrive as joyful and confident individuals.



We Support



Secondary school students



Schools in Hougang, Sengkang
and Punggol

Support Groups

Youths often face a variety of challenges pertaining to the adolescence phase. These may include managing their emotions as well as coping with stressors that they face in school and at home.

A support group provides a safe space for youths to express themselves and share their struggles, while also supporting each other. In addition, it enables the youths to develop empathy for their peers.

Mentoring Programme

As different youths have varying needs and challenges, a customised approach would be beneficial for them.

Mentors can help provide mental and emotional stability to youths during their adolescence phase.

Mentoring sessions are an avenue for the youths to safely share their concerns. As trust is built between the youth and mentor, the mentor can offer guidance and share new perspectives.

How to Register



Email sethawang@bcare.org.sg



Call 6340 4159